

St. Hildegard of Bingen (1098-1179)

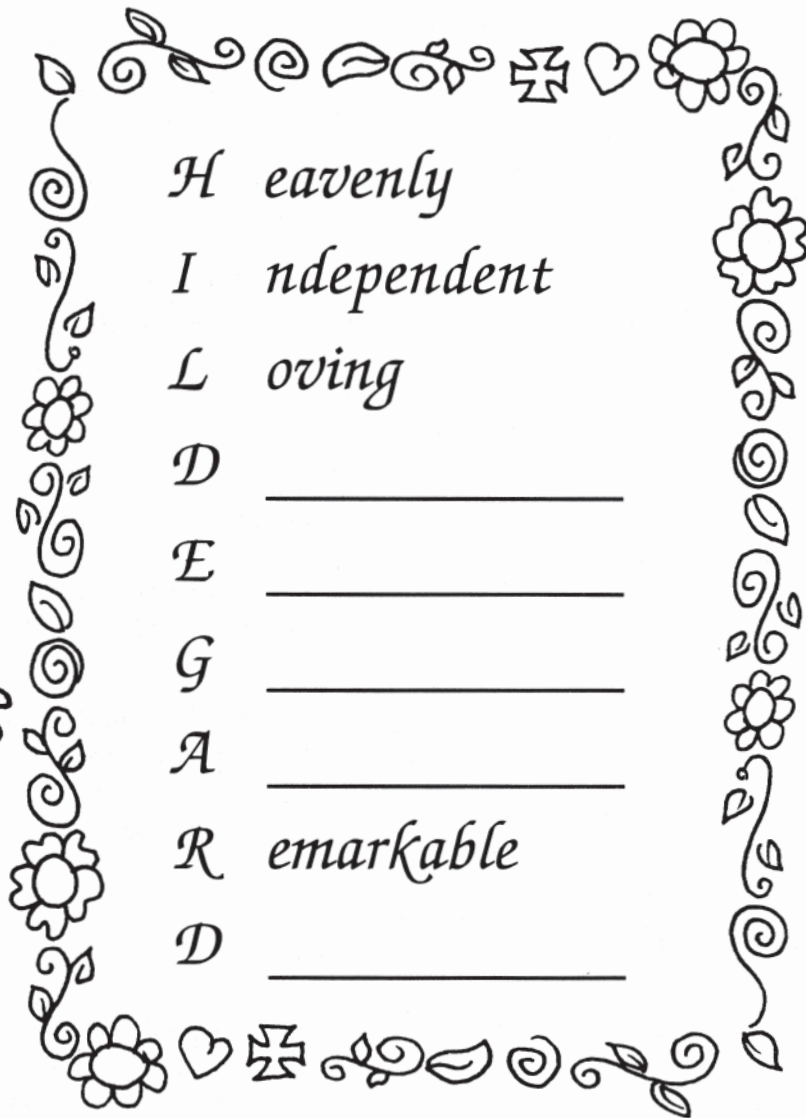
F E A S T
September 17

An Outstanding Woman

Born in Germany at a time when most people could not read or write and women were mostly seen but not heard, Hildegard stood out. She was a nun and a great letter writer. She wrote about her religious ideas to popes, to emperors, to national leaders, to important members of the Church. She also wrote books on many subjects, including the lives of the saints. When she died, many miracles were reported. But her life was a miracle in itself.

The writings of St. Hildegard of Bingen were so exquisite that she was compared to some of the world's great poets. Write your own poem using the first letters of our saint's name. We've done part of it for you. (The poem doesn't have to rhyme.) When you've done this, do the same for your name or the name of someone you love.





H eavenly
I ndependent
L oving
D _____
E _____
G _____
A _____
R emarkable
D _____