

# Two Kinds of Healing

Name \_\_\_\_\_

Usually when we think about healing and health, we think of physical healing—making the body well. The sacrament of the Anointing of the Sick, however, focuses on spiritual healing.

What is spiritual healing? It means that our spirits become stronger and more faith-filled. We accept God’s actions in our lives and prepare ourselves to be with God forever.

Priests administer the sacrament of the Anointing of the Sick, but anyone can help someone else who is sick or unhappy. At the bottom of the page are actions that can help a sick person’s spirit. Find which word fits in each line of blanks.

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| listen | hug      | care  |
| pray   | comfort  | calm  |
| soothe | reassure | visit |