

# The Power to Choose

Name \_\_\_\_\_

Free will is a gift from God. It is the ability to choose and make decisions. God created us to be independent people. We have the power to choose to love God and to choose the values our faith teaches us.

In the following exercise, practice your judgment about using the gift of free will.

Put + next to examples of using your free will to love.

Put - next to examples of using your free will in ways that are not loving.

- \_\_\_\_\_ You give part of the money you receive for your birthday to the poor.
- \_\_\_\_\_ You get angry at a friend on the way to school.
- \_\_\_\_\_ You throw a candy wrapper into the bushes.
- \_\_\_\_\_ You read a book about the life of your favorite saint.
- \_\_\_\_\_ You visit a sick friend.
- \_\_\_\_\_ You laugh at a friend's mistake behind her back.
- \_\_\_\_\_ You see a younger student crying and you walk away.
- \_\_\_\_\_ You pray for your sick grandparent.
- \_\_\_\_\_ You copy homework from a classmate.
- \_\_\_\_\_ You lie about finishing your homework.
- \_\_\_\_\_ You visit chat rooms without your parents' permission.
- \_\_\_\_\_ You make a card for a sick classmate.



Read the story of Adam and Eve (Genesis 3:1-24).

How did Adam and Eve use their free will? \_\_\_\_\_

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Describe a time you used your free will in a loving way. \_\_\_\_\_

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